

2025 OCTOBER

NORWALK CATHOLIC BREAKFAST



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 nd Meal Options Cereal, Fruit, 100% Fruit Juice, Milk		1 Fruit & Yogurt Parfait Fruit 100% Fruit Juice Milk	2 Sausage Gravy & Biscuit Fruit 100% Fruit Juice Milk	3 Donuts Fruit 100% Fruit Juice Milk
6 Cinnamon Cream Cheese Bagel Fruit 100% Fruit Juice Milk	7 Waffles Fruit 100% Fruit Juice Milk	8 Muffin Strawberry Smoothie Fruit 100% Fruit Juice Milk	9 Breakfast Burrito Fruit 100% Fruit Juice Milk	10 Donuts Fruit 100% Fruit Juice Milk
13 Cinni Mini Fruit 100% Fruit Juice Milk	14 Egg & Cheese Bagel Fruit 100% Fruit Juice Milk	15 Apple Frudel Fruit 100% Fruit Juice Milk	16 Breakfast Pizza Fruit 100% Fruit Juice Milk	17 Donuts Fruit 100% Fruit Juice Milk
20 Pop Tarts Fruit 100% Fruit Juice Milk	21 Banana Bread Fruit 100% Fruit Juice Milk	22 Cinnamon Roll Fruit 100% Fruit Juice Milk	23 Strawberry Cream Cheese Bagel Fruit 100% Fruit Juice Milk	24 Donuts Fruit 100% Fruit Juice Milk
27 NO SCHOOL	28 Egg & Potato Boat Fruit 100% Fruit Juice Milk	29 Fruit & Yogurt Parfait Fruit 100% Fruit Juice Milk	30 Sausage Gravy & Biscuit Fruit 100% Fruit Juice Milk	31 Donuts Fruit 100% Fruit Juice Milk