

2025

# SEPTEMBER

## NORWALK CATHOLIC BREAKFAST



| MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY   |
|--|--|--|---|--|
| <b>1</b><br><br>NO SCHOOL  | <b>2</b><br><br>Egg & Potato Boat<br>Fruit<br>100% Fruit Juice<br>Milk   | <b>3</b><br><br>Fruit & Yogurt Parfait<br>Goldfish Graham<br>Fruit<br>100% Fruit Juice<br>Milk | <b>4</b><br><br>Sausage Gravy & Biscuit<br>Fruit<br>100% Fruit Juice<br>Milk        | <b>5</b><br><br>Donuts<br>Fruit<br>100% Fruit Juice<br>Milk  |
| <b>8</b><br><br>Cinnamon Cream Cheese Bagel<br>Fruit<br>100% Fruit Juice<br>Milk | <b>9</b><br><br>Waffles<br>Fruit<br>100% Fruit Juice<br>Milk             | <b>10</b><br><br>Muffin<br>Strawberry Smoothie<br>Fruit<br>100% Fruit Juice<br>Milk            | <b>11</b><br><br>Breakfast Burrito<br>Fruit<br>100% Fruit Juice<br>Milk             | <b>12</b><br><br>Donuts<br>Fruit<br>100% Fruit Juice<br>Milk |
| <b>15</b><br><br>Cinni Mini<br>Fruit<br>100% Fruit Juice<br>Milk                 | <b>16</b><br><br>Egg & Cheese Bagel<br>Fruit<br>100% Fruit Juice<br>Milk | <b>17</b><br><br>Apple Frudel<br>Fruit<br>100% Fruit Juice<br>Milk                             | <b>18</b><br><br>Breakfast Pizza<br>Fruit<br>100% Fruit Juice<br>Milk               | <b>19</b><br><br>Donuts<br>Fruit<br>100% Fruit Juice<br>Milk |
| <b>22</b><br><br>Poptarts<br>Fruit<br>100% Fruit Juice<br>Milk                   | <b>23</b><br><br>Banana Bread<br>Fruit<br>100% Fruit Juice<br>Milk       | <b>24</b><br><br>Cinnamon Roll<br>Fruit<br>100% Fruit Juice<br>Milk                            | <b>25</b><br><br>Strawberry Cream Cheese Bagel<br>Fruit<br>100% Fruit Juice<br>Milk | <b>26</b><br><br>Donuts<br>Fruit<br>100% Fruit Juice<br>Milk |
| <b>29</b><br><br>Cereal Bar<br>Yogurt<br>Fruit<br>100% Fruit Juice<br>Milk       | <b>30</b><br><br>Egg & Potato Boat<br>Fruit<br>100% Fruit Juice<br>Milk  | <b>2nd option:</b> Cereal, Fruit, 100% Fruit Juice, Milk                                       |   |  |